



Ultimate

UNDATED PLANNER

20__ - 20__



INDEX

MONTHLY PLANNER

JAN	REVIEW
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APR	REVIEW
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AUG	REVIEW
SEP	REVIEW
OCT	REVIEW
NOV	REVIEW
DEC	REVIEW

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FINANCE

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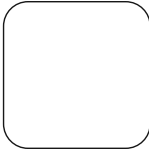
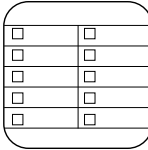
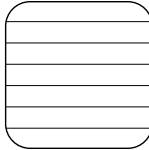
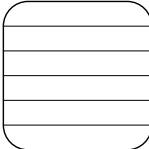
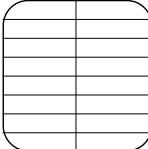
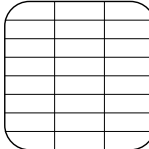
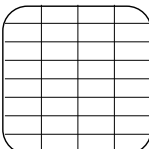
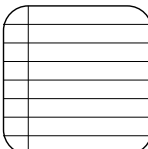
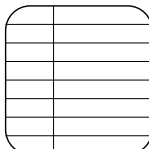
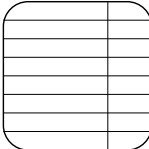
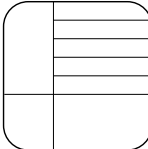
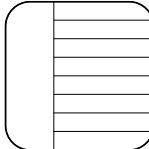
HEALTH & FITNESS

FITNESS LOG
WORKOUT LOG
PERIOD TRACKER
SLEEP TRACKER
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RECIPE LOG

NOTES

DAILY PLAN

SCHEDULE

06:00 AM

07:00 AM

08:00 AM

09:00 AM

10:00 AM

11:00 AM

12:00 PM

01:00 PM

02:00 PM

03:00 PM

04:00 PM

05:00 PM

06:00 PM

07:00 PM

08:00 PM

09:00 PM

10:00 PM

11:00 PM

12:00 AM

Goals:

I am grateful for

My Daily Affirmations

Priorities:

Tasks:

Meal:

B	
L	
D	

Notes:

WEEKLY PLAN

MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

Goals:
Tasks:
Weekly Reflection:
Notes:

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT

MONTHLY GOALS

MONTHLY REFLECTIONS

FEBRUARY

[illegible]

MONTHLY GOALS

MONTHLY REFLECTIONS

MARCH

[illegible]

MONTHLY GOALS

MONTHLY REFLECTIONS

[illegible][illegible]

APRIL

[illegible]

MONTHLY GOALS

MONTHLY REFLECTIONS

[illegible][illegible]

MAY

[illegible]

MONTHLY GOALS

[illegible]

MONTHLY REFLECTIONS

[illegible]

JUNE

[illegible]

MONTHLY GOALS

MONTHLY REFLECTIONS

[illegible][illegible]

JULY

[illegible]

MONTHLY GOALS

MONTHLY REFLECTIONS

[illegible][illegible]

AUGUST

[illegible]

MONTHLY GOALS

MONTHLY REFLECTIONS

[illegible][illegible]

SEPTEMBER

[illegible]

MONTHLY GOALS

MONTHLY REFLECTIONS

[illegible][illegible]

OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT

MONTHLY GOALS

MONTHLY REFLECTIONS

[illegible][illegible]

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT

MONTHLY GOALS

MONTHLY REFLECTIONS

[illegible]

DECEMBER

[illegible]

MONTHLY GOALS

MONTHLY REFLECTIONS

[illegible][illegible]

YEARLY REFLECTION

What did you learn this year that you didn't know before?

What are some things you wish you had done differently this year?

Who were the most important people in your life this year?

What are you most grateful for this year, and why?

What did you do this year to take care of yourself?

What was my biggest career accomplishment?

What didn't go so well?

MONTHLY REVIEW

What were your biggest accomplishments this month?

What were some challenges you faced this month?

Who were the most important people in your life this month?

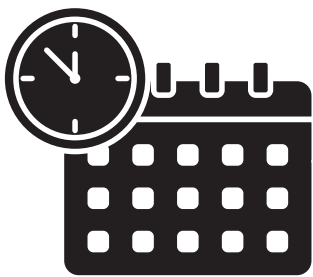
What are you most grateful for this month, and why?

What did you do this month to take care of yourself?

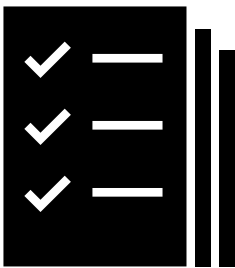
What went well this month?

What didn't go so well?

PRODUCTIVITY



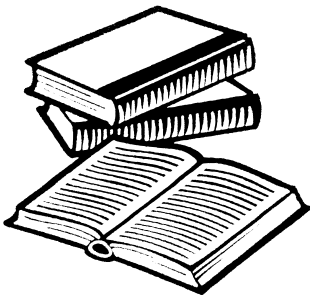
MY MONTHLY GOALS



TO DO LIST



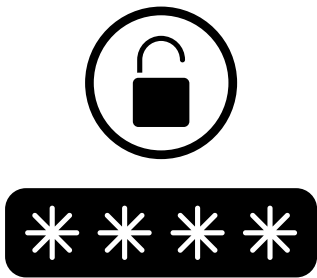
VISION BOARD FOR 2023



READING LOG



WISH LIST



PASSWORD TRACKER



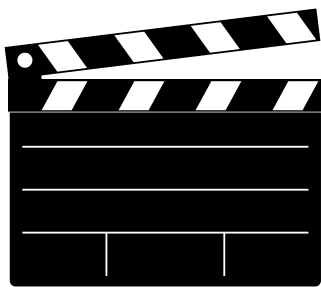
GOAL PLANNER



BUCKET LIST



BIRTHDAY TRACKER



MOVIES & TV SHOWS



PODCASTS

MY MONTHLY GOALS

FUTURE GOALS

CAREER GOALS

FINANCIAL GOALS

PERSONAL GOALS

PERSONAL GOALS

TO DO LIST

[illegible]

[illegible]

READING LOG

[illegible]

[illegible]

PASSWORD TRACKER

[illegible]

GOAL PLANNER

Created / /

To Achieve By / /

Achieved / /

GOAL

ACTION STEPS	MOTIVATION
1 _____	_____
2 _____	_____
3 _____	_____
4 _____	_____
5 _____	_____

STRATEGY

PROGRESS	REWARD
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

BUCKET LIST

[illegible]

BIRTHDAY TRACKER

MONTH	BIRTHDAYS
JAN	
FEB	
MAR	
APR	
MAY	
JUN	
JUL	
AUG	
SEP	
OCT	
NOV	
DEC	

NOTES

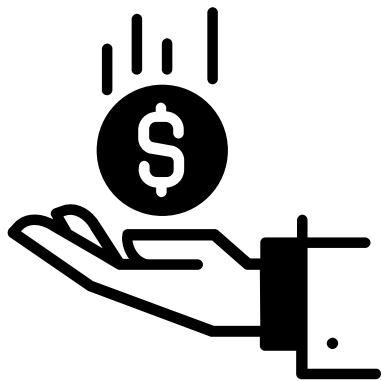
MOVIES & TV SHOWS

[illegible]

PODCASTS

[illegible]

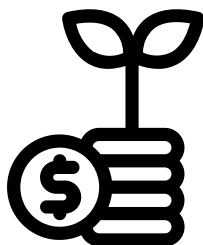
FINANCIAL



YEARLY FINANCE



DAILY FINANCE



FINANCE TRACKER



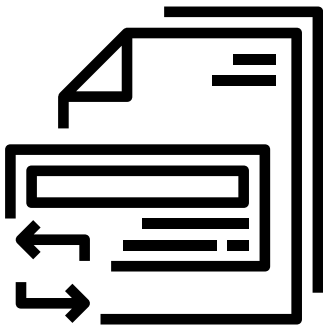
BILL TRACKER



SPENDING TRACKER



DEBT PAYMENT TRACKER



SUBSCRIPTION TRACKER

YEARLY FINANCE

MONTH	INCOME	EXPENSE	FINANCE
JAN			
FEB			
MAR			
APR			
MAY			
JUN			
JUL			
AUG			
SEP			
OCT			
NOV			
DEC			

FINANCIAL GOALS

DAILY FINANCE

[illegible]

FINANCE TRACKER

[illegible]

BILL TRACKER

[illegible]

SPENDING TRACKER

[illegible]

DEBT PAYMENT TRACKER

[illegible]

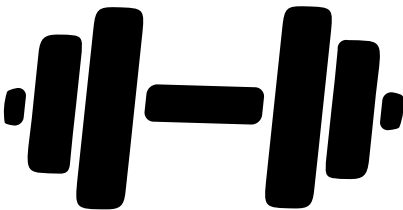
SUBSCRIPTION TRACKER

[illegible]

HEALTH AND FITNESS



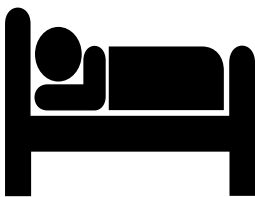
FITNESS LOG



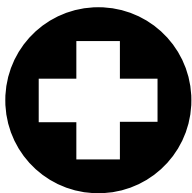
WORKOUT LOG



PERIOD TRACKER



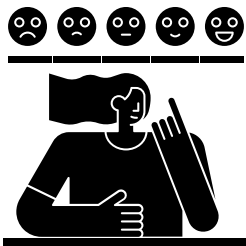
SLEEP TRACKER



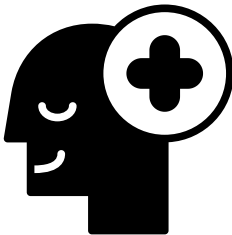
HEALTH LOG



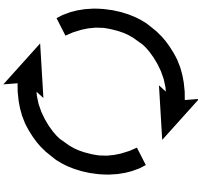
SELF-CARE TRACKER



MOOD TRACKER



POSITIVE HABITS



HABIT TRACKER

FITNESS LOG

[illegible]

WORKOUT LOG

[illegible]

PERIOD TRACKER

[illegible]

KEY	
	SPOTTING
	LIGHT
	MEDIUM
	HEAVY
	CRAMPS
	TIRED
	FATIGUE
	ACNE
	HEADACHE

C Y C L E L E N G T H	
JANUARY	
FEBRUARY	
MARCH	
APRIL	
MAY	
JUNE	
JULY	
AUGUST	
SEPTEMBER	
OCTOBER	
NOVEMBER	
DECEMBER	

NOTES

[illegible]

SLEEP TRACKER

[illegible]

HEALTH LOG

[illegible]

SELF-CARE TRACKER

[illegible]

MOOD TRACKER

	J	F	M	A	M	J	J	A	S	O	N	D
1												
2												
3												
4												
5												
6												
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28												
29												
30												
31												

- ☐ HAPPY
- ☐ EXCITED
- ☐ RELAXED
- ☐ INSPIRED
- ☐ SICK
- ☐ SAD
- ☐ DEPRESSED
- ☐
- ☐
- ☐
- ☐

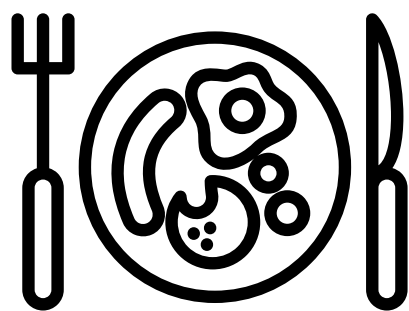
POSITIVE HABITS

[illegible]

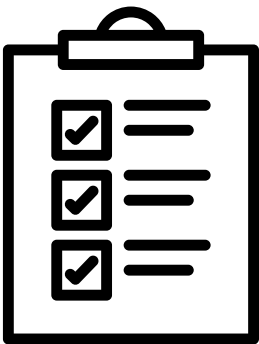
HABIT TRACKER

[illegible]

LIFESTYLE



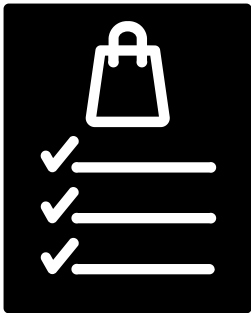
MEAL PLANNER



KITCHEN INVENTORY



GROCERY LIST



SHOPPING LIST



TOP PLACES I WANT TO VISIT
IN 2023



CLEANING LOG



RECIPE LOG

MEAL PLANNER

Week: _____

Month: _____

Day	Breakfast	Lunch	Dinner
MON			
TUE			
WED			
THU			
FRI			
SAT			
SUN			

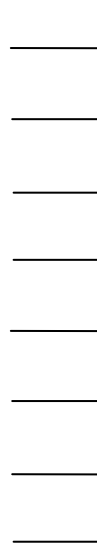
NOTES

KITCHEN INVENTORY

[illegible]

GROCERY LIST

Meat



Dairy

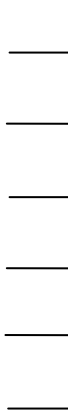


Baked

Produce



Beverages



Others



SHOPPING LIST

[illegible]

TOP PLACES I WANT TO VISIT

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

CLEANING LOG

[illegible]

RECIPE LOG

Recipe:

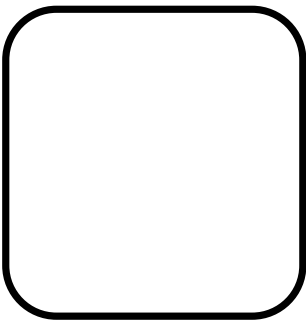
INGREDIENTS:

DIRECTIONS:

Equipment:

Equipment:

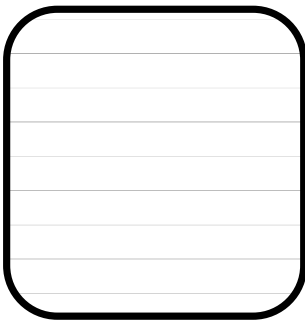
NOTES



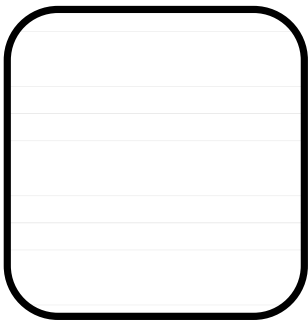
BLANK



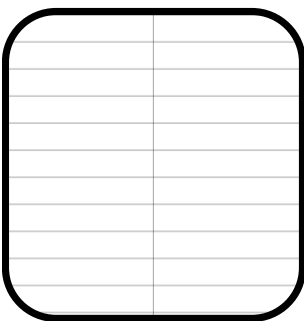
CHECKLIST



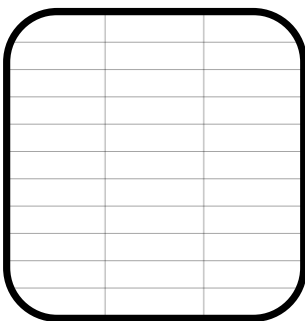
LINED



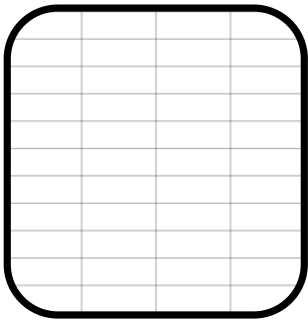
WIDE LINED



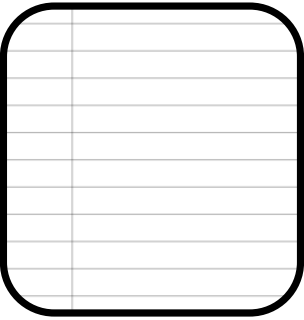
LINED 2 COLUMN



LINED 3 COLUMN



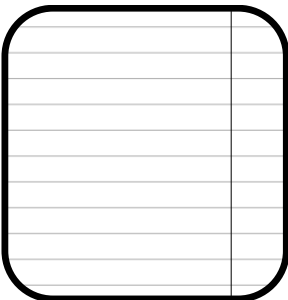
LINED 4 COLUMN



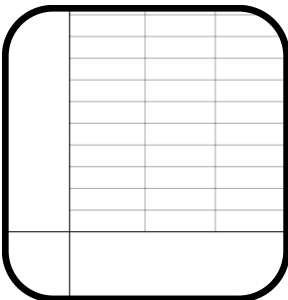
LINED CORNELL (WITH SUMMARY)



LINED CORNELL (NO SUMMARY)



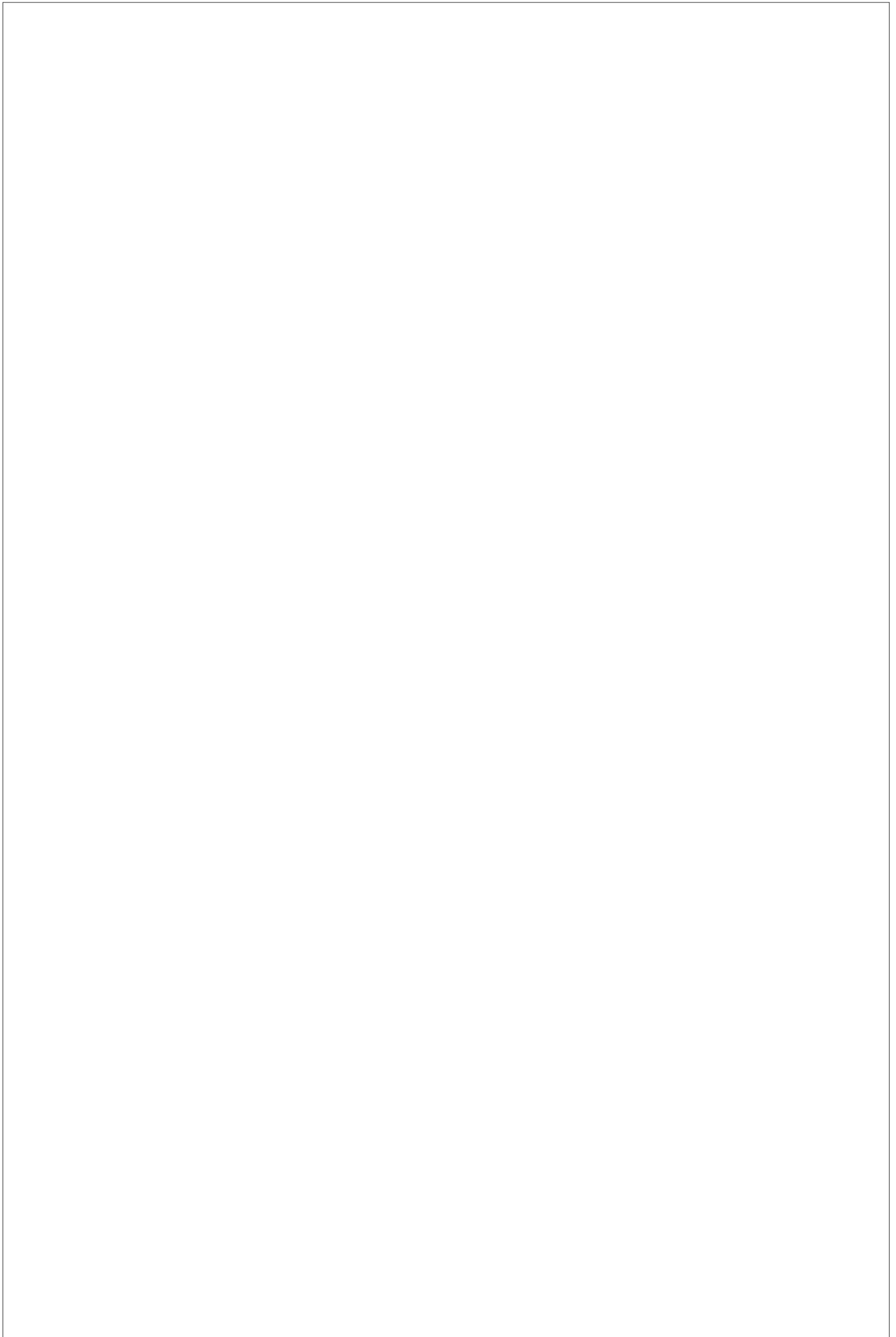
LINED CORNELL RIGHT NARROW (NO SUMMARY)



LINED BLANK CORNELL (WITH SUMMARY)



LINED BLANK CORNELL (NO SUMMARY)



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[illegible]

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[illegible]

[illegible]

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[illegible]